

Examples of Wellington Parc's Unique Facility Design



Enclosed Courtyard allows freedom of movement, access to the outdoors, opportunity for exercise, and family interaction while providing safety (doors will only allow resident to re-enter the facility). Wide paths allow easy access for those using wheelchairs, walkers, or other assistive devices.



“Memory Boxes” placed outside of each resident’s room provides opportunity for family members to place personal items inside for remembrance, room identification, and sparking conversation amongst staff / visitors and residents. The memory boxes are “locked” as to keep the personal items from being picked up by residents with dementia, but family members have access to change or reorganize whenever they would like.



Evenly distributed and indirect lighting, carpeted floors, and judicious use of color help present a calm, soothing effect within the building. Over head paging is not allowed except in emergency. Reduction of noise-levels, unobstructed hallways, hand railings, wide doors, all are part of Wellington Parc’s overall design to better serve those with dementia.



Bedrooms are designed to serve no more than two residents and are large enough so that each can easily “claim” their own space. Large bay windows allow for sufficient natural light penetration which is known to assist with a reduction of symptoms of depression. Residents and family members are encouraged to make space as personal and home-like as possible for identification and comfort.



Human scale and home like quality to spaces and settings, including the use of patterns, textures and finishes, which are conducive to normalized behavior is an integral part of Wellington Parc's environmental philosophy.



The unobtrusive hand railings at Wellington Parc are one example of how the facility was designed to meet the needs of residents. While functional, they do not detract from the home like quality of the facility. People with Alzheimer's disease have a difficult time differentiating between certain hues of the color spectrum. Typically, our colors are brighter and are chosen carefully.



Opportunity for social interaction with others in small, home like scale seating areas is also an important programming feature of Wellington Parc. Residents have the opportunity to interact with other residents based on competence, orientation levels, and abilities. Our philosophy allows for both privacy and group interaction in appropriate settings and with peers who function on the same levels.



The skylight at Wellington Parc of Paducah is another example of design interacting with programming. Studies have proven that natural sunlight is essential to reduce stress and depression in those persons who have a form of dementia.

Signage is kept to a minimum, and normally only utilized to help direct a resident to complete a task. For example, an Alzheimer's resident may be able to better identify a bathroom if the door has a picture of the bathroom on it, or, a photo of clothes on a closet door. However, written directives to staff and family members are kept to a minimum due to the confusion it may cause residents.